



# MEET UP AND EAT UP

## Are you interested in serving Meet Up and Eat Up meals at your community location?

Meet Up and Eat Up is a collaborative movement to ensure that all children have access to healthy meals **three times a day, 365 days a year.**

Many families rely on free and reduced-price lunch during their school year, and look for ways to ensure that their children are well-nourished when school is out.

That's where Meet Up and Eat Up comes in! We partner with schools, recreation centers, libraries, churches and more – places where kids already spend their time – to provide kids ages 18 and younger with healthy meals at no cost to the family or the organization!

## There are a few things for you to consider:

### 1. Is your site area eligible?

*Meet Up and Eat Up has no income requirements or sign-ups necessary! This is because meals can only be served in buildings that exist in an area where 50% or more of students who live there are eligible for free and reduced-priced lunch.*

### 2. Will you feed at least 30 kids a day, at least 2 days a week?

*As a federally funded program, we get reimbursed for every meal that is fed to a child or teen. To cover the costs of meal preparation and delivery, we need to ensure that we feed a critical mass of kids at each location we serve.*

### 3. Do you have consistent staffing to serve meals and offer engaging programming for kids each day?

*We know that more kids will come and eat if there are fun activities that draw them in. We also know that parents want a safe, supervised environment for their children. Both of these are necessary to make this program a success!*

### 4. Do you have capacity to do outreach in your community to spread the word about your program?

*The most successful sites are those that are well known in the community as safe, trusted places where kids can receive a healthy meal each day. Sites use fliers, word of mouth, or door-to-door canvassing to let community members know about their program.*

Contact [MeetUpandEatUp@LiveUnitedSEM.org](mailto:MeetUpandEatUp@LiveUnitedSEM.org)  
to see if Meet Up and Eat Up is right for you!

