

BETTER WITH BREAKFAST

HOW COMMUNITY LEADERS AND LEGISLATORS CAN HELP

United Way for Southeastern Michigan works with individual schools and districts to implement alternative and universal breakfast models. As a community leader, you can help ensure every child in your district has access to the nutrition they need in order to start the school day healthy and ready to learn.

HERE ARE A FEW WAYS TO GET STARTED:

- 1 Visit schools and view school breakfast in action in your area. Visit UnitedWaySEM.org/HazelParkBreakfast to learn how Oakland County lawmakers supported breakfast programs in Hazel Park.
- 2 Issue a proclamation in your legislative body declaring support for National School Breakfast Week (first week in March).
- 3 Contact your local school board members and encourage them to expand school breakfast.
- 4 Support budget appropriations aimed at improving children's access to school breakfast and other critical child nutrition programs.
- 5 Work with us to support and defend programs aimed at improving children's access to school breakfast.

WANT TO GET INVOLVED? CONTACT US AT
[BREAKFAST@LIVEUNITEDSEM.ORG](mailto:breakfast@liveunitedsem.org).



GIVE. ADVOCATE. VOLUNTEER.

 [UNITEDWAYSEM.ORG](https://UnitedWaySEM.org)



United Way
for Southeastern Michigan